Enrollment 2023

Package Choice

☐ BASE ☐ PREMIUM

Name: _____

Center Membership Enrollment Form
You are allowed to take any class in the package you select. You may change classes or upgrade throughout the semester with approval. Scholarships are available to those who qualify. (Applications are available at the front desk.)
Directions: Select package in the top right corner then choose the classes in which you want to enroll within the desired package.

BASE $20/MONTH

SOCIAL LEISURE & WELLNESS

Beginning Horticulture
Mon, Wed
10:30-11:30

Brain Boosters
Fri 11:00-11:45

Community Connection
Tues 2:00-3:00

Computer Class
Mon, Wed
11:00-11:45

Creative Writing
Wed 11:00-11:45

Crochet & Knitting
Fri 9:00-11:30

Memory & Cognition
Wed 2:00-3:30

Morning Glories
Mon, Wed
8:30-10:00

Open Computer
Tues, Wed, Thurs
1:00-3:00

Speech & Communication
Tues, Thurs
9:30-11:00

Storytelling
Thurs 1:00-2:00

PREMIUM $30/MONTH

ARTS & CRAFTS

***Beginning Glazing**
Mon 9:00-10:00

***Beginning Stained Glass**
Thurs 9:00-11:45

Ceramic Sculpture
Mon 1:00-2:30

***Intro. Stained Glass**
Thurs 1:00-3:45

Multi-Media Sculpture
Fri 9:00-10:30

ARTS & CRAFTS

Craft Commons
Fri 9:00-10:00

Drawing
Tues 1:00-2:30

1st Friday Art Appreciation
(first Friday of the month)
Fri 11:00-11:45

Intro to Visual Arts
Tues, Thurs
10:00-11:30

***Open Art Studio**
Mon
10:00-11:45,
2:30-4:30
Wed 9:00-11:45,
1:00-4:30
Fri 10:30-11:45
(except first Friday),
1:00-4:30
Tues, Thurs
2:30-4:30

Open Glazing
Wed 9:00-11:45

Painting
Thurs 1:00-2:30

PREMIUM $30/MONTH

FITNESS

Aqua Flow
Mon, Thurs
1:00-1:45

Water Aerobics
Mon, Wed
11:00-11:45

ADAPTIVE SPORTS

***Adaptive Cycling**
(Onsite skill development)
Wed 3:00-4:00

***Adaptive Mountain Biking**
(February-March & September-November)
(off-site requires own transportation)
Tues 8:30-11:30

Adapted Powerlifting
Mon, Wed, Fri
1:00-2:30

Air Rifle
Thurs 1:00-3:00

Boccia Ball
Mon, Fri
3:00-4:00

Climbing Wall
Mon, Fri
8:30-11:00

***Community Cycling**
(April 5-September 13)
Wed 8:00-11:30

Power Soccer
Thurs 2:00-3:30

Showdown
Tue 3:00-4:00

Wheelchair Basketball
Wed 2:00-4:00
Thurs 5:00-7:00

Wheelchair Softball
(March-August)
Tues 1:30-3:00

Wheelchair Tennis
(January-February & September-December)
Tues 1:30-3:00

FITNESS

Fitness Center
Mon-Fri
8:30-12:00, 1:00-4:45

Balance with Me
Tues, Thurs
2:00-2:30

Beach Volleyball
Mon, Wed, Fri
10:00-10:45

Burt Ball
Tues,Thurs
10:15-10:45

Chair Aerobics
Mon, Wed, Fri
1:00-1:45

Fitness for Fun
Tues, Thurs
1:00-1:30

Muscle Energizer
Mon, Wed, Fri
9:00-9:45

One Mile To Go
Tues, Thurs
9:30-10:00
Wed 1:00-1:30

Open Pool
Tues 1:00-1:45
Fri 11:00-11:45

Rowing
Mon - Fri
9:00-9:30

Seated Abdominals
Mon, Wed, Fri
2:00-2:45

Totally Fit
Tues,Thurs
11:00-11:45

Trauma Recovery through Movement
Mon, Wed, Fri
10:00-10:45

Yoga Flow
Tues, Thur
10:00-10:45

Yoga for Everyone
Tues, Thurs
1:00-1:45

The Center For Individuals With Physical Challenges

** Denotes instructor approval prior to enrollment*

Modified 10.14.22

FOR ADMINISTRATION USE ONLY

Date: _____

	Type	Amount
Package		$
Discount	%	$
Scholarship	$	$
Grand Total		$

Type	$	Detail
Cash		
Credit		#
Check		#

☐ Enrolling in monthly automatic payments
See ACH form or credit card form

Monthly Amount	**$**

DISCOUNTS AND INCENTIVES
Only ONE DISCOUNT per member
1) Member Volunteer = 20% off
2) Household Discount = 20% off
3) Veteran Discount = 20% off
4) Pay in Advance Discount = 20% off

New Member = ONE month FREE