## Center Membership Enrollment Form

You are allowed to take any class in the package you select. You may change classes or upgrade throughout the semester with approval. Scholarships are available to those who qualify. (Applications are available at the front desk.)

### Directions:
Select package in the top right corner then choose the classes in which you want to enroll within the desired package.

### Enrollment 2023

**Base $20/month**

### Social Leisure & Wellness

<table>
<thead>
<tr>
<th>Activity</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginning Horticulture</td>
<td>Mon, Wed</td>
<td>10:30-11:30</td>
</tr>
<tr>
<td>Brain Boosters</td>
<td>Fri</td>
<td>11:00-11:45</td>
</tr>
<tr>
<td>Community Connection</td>
<td>Tues</td>
<td>2:00-3:00</td>
</tr>
<tr>
<td>Computer Class</td>
<td>Mon, Wed</td>
<td>11:00-11:45</td>
</tr>
<tr>
<td>Creative Writing</td>
<td>Wed</td>
<td>11:00-11:45</td>
</tr>
<tr>
<td>Crochet &amp; Knitting</td>
<td>Fri</td>
<td>9:00-11:30</td>
</tr>
<tr>
<td>Memory &amp; Cognition</td>
<td>Wed</td>
<td>2:00-3:30</td>
</tr>
<tr>
<td>Morning Glories</td>
<td>Mon, Wed</td>
<td>8:30-10:00</td>
</tr>
<tr>
<td>Open Computer</td>
<td>Tues, Wed, Thurs</td>
<td>1:00-3:00</td>
</tr>
<tr>
<td>Speech &amp; Communication</td>
<td>Tues, Thurs</td>
<td>9:30-11:00</td>
</tr>
<tr>
<td>Storytelling</td>
<td>Thurs</td>
<td>1:00-2:00</td>
</tr>
</tbody>
</table>

**Premium $30/month**

### Social Leisure & Wellness

<table>
<thead>
<tr>
<th>Activity</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Beginning Glazing</td>
<td>Mon</td>
<td>9:00-10:00</td>
</tr>
<tr>
<td>*Beginning Stained Glass</td>
<td>Thurs</td>
<td>9:00-11:45</td>
</tr>
<tr>
<td>Ceramic Sculpture</td>
<td>Mon</td>
<td>1:00-2:30</td>
</tr>
<tr>
<td>*Intro. Stained Glass</td>
<td>Thurs</td>
<td>1:00-3:45</td>
</tr>
<tr>
<td>Multi-Media Sculpture</td>
<td>Fri</td>
<td>9:00-10:30</td>
</tr>
</tbody>
</table>

### Arts & Crafts

- **Craft Commons**
  - Fri 9:00-10:00

- **Drawing**
  - Tues 1:00-2:30

- **1st Friday Art Appreciation**
  - First Friday of the month
  - Fri 11:00-11:45

- **Intro to Visual Arts**
  - Tues, Thurs
  - 10:00-11:30

- **Open Art Studio**
  - Mon
  - 10:00-11:45, 2:30-4:30
  - Wed 9:00-11:45, 1:00-4:30
  - Fri 10:30-11:45, 1:00-4:30

- **Open Glazing**
  - Wed 9:00-11:45

- **Painting**
  - Thurs 1:00-2:30

### Adaptive Sports

- ***Adaptive Cycling***
  - (Onsite skill development)
  - Wed 3:00-4:00

- ***Adaptive Mountain Biking***
  - (February-March & September-November)
  - (off-site requires own transportation)
  - Tues 8:30-11:30

- **Adapted Powerlifting**
  - Mon, Wed, Fri
  - 1:00-2:30

- **Air Rifle**
  - Thurs 1:00-3:00

- **Boccia Ball**
  - Mon, Fri
  - 3:00-4:00

- **Climbing Wall**
  - Mon, Fri
  - 8:30-11:00

- **Community Cycling**
  - (April 5-September 13)
  - Wed 8:00-11:30

- **Power Soccer**
  - Thurs 2:00-3:30

- **Showdown**
  - Tue 3:00-4:00

- **Wheelchair Basketball**
  - Wed 2:00-4:00
  - Thurs 5:00-7:00

- **Wheelchair Softball**
  - (March-August)
  - Tues 1:30-3:00

- **Wheelchair Tennis**
  - (January-February & September-December)
  - Tues 1:30-3:00

### Fitness

- **Fitness Center**
  - Mon-Fri
  - 8:30-12:00, 1:00-4:45

- **Balance with Me**
  - Tues, Thurs
  - 2:00-2:30

- **Beach Volleyball**
  - Mon, Wed, Fri
  - 10:00-10:45

- **Burt Ball**
  - Tues, Thurs
  - 10:15-10:45

- **Muscle Energizer**
  - Mon, Wed, Fri
  - 9:00-9:45

- **One Mile To Go**
  - Tues, Thurs
  - 9:30-10:00

- **Rowing**
  - Mon - Fri
  - 9:00-9:45

- **Seated Abdominals**
  - Mon, Wed
  - 10:30-11:30

- **Wheelchair Basketball**
  - Wed 2:00-4:00
  - Thurs 5:00-7:00

- **Wheelchair Tennis**
  - (January-February & September-December)
  - Tues 1:30-3:00

- **Yoga Flow**
  - Tues, Thurs
  - 10:00-10:45

- **Yoga for Everyone**
  - Tues, Thurs
  - 1:00-1:45

* Denotes instructor approval prior to enrollment

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**Social Leisure & Wellness**

- **Aqua Flow**
  - Mon, Thurs
  - 1:00-1:45

- **Water Aerobics**
  - Mon, Wed
  - 11:00-11:45

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**Adaptive Sports**

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**Base $20/month**

**Premium $30/month**

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**Package Choice**

- [ ] Base
- [ ] Premium

---

**Enrollment 2023**

**Name:**

**Center Membership Enrollment Form**

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**Modified 10.14.22**
FOR ADMINISTRATION USE ONLY

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<thead>
<tr>
<th>Type</th>
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<tbody>
<tr>
<td>Package</td>
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</tr>
<tr>
<td>Discount</td>
<td>%</td>
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<tr>
<td>Scholarship</td>
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<tr>
<td>Grand Total</td>
<td>$</td>
</tr>
</tbody>
</table>

Enrolling in monthly automatic payments
See ACH form or credit card form

DISCOUNTS AND INCENTIVES
Only ONE DISCOUNT per member
1) Member Volunteer = 20% off
2) Household Discount = 20% off
3) Veteran Discount = 20% off
4) Pay in Advance Discount = 20% off

New Member = ONE month FREE

Date: _________________

<table>
<thead>
<tr>
<th>Type</th>
<th>$</th>
<th>Detail</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Check</td>
<td></td>
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</table>

Monthly Amount $